

MESSAGE NOTES

"RESILIENCE & THE STRENGTH OF THE LORD"



2 Cor 4:9 CEV

"In times of trouble, God is with us, and when we are knocked down, we get up again."

SUNDAY - MAY 5TH:

Message Title: **"GRIT"**

Series: **"RESILIENCE & THE STRENGTH OF THE LORD"**

Bible Character: **"The Persistent Widow"**

Keynote Text: 2 Cor 4:9

"In times of trouble, God is with us, and when we are knocked down, we get up again."

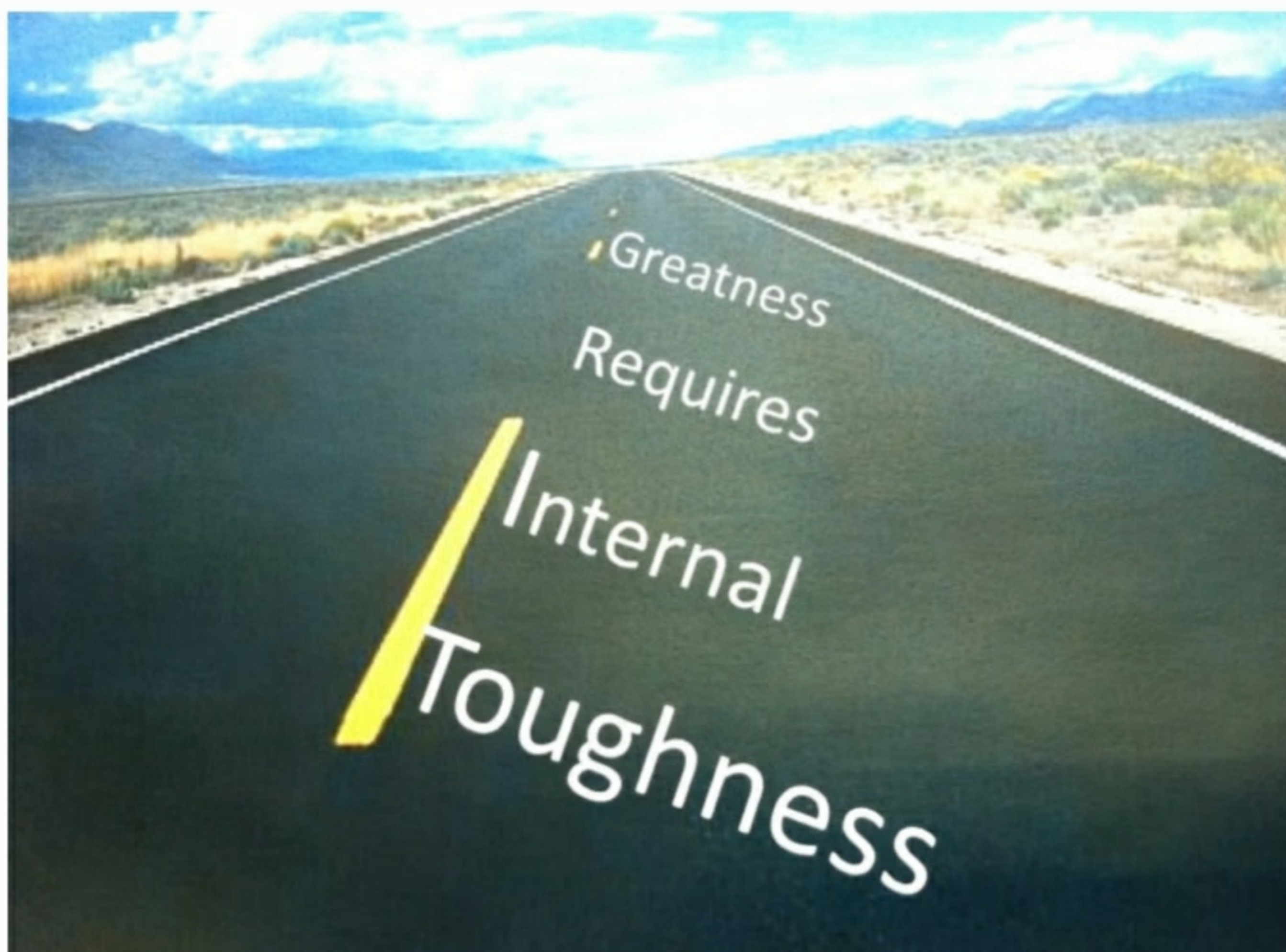
#1) Resilience is a Biblical Characteristic we should STRIVE for and ask GOD to INCREASE in our lives, especially in these times.

2 Cor 4:9

"In times of trouble, God is with us, and when we are knocked down, we get up again."

1 Peter 5:10

"And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast."



"Grit is living life like it's a marathon, not a sprint."

- Angela Lee Duckworth, Professor,
Psychology, Univ. of Pennsylvania



#2) Grit is the Important 1st Cousin of Resilience & is most notably seen in the Bible Characters of the Persistent Widow, Paul & Jesus.

Luke 18:1-5 NIV

The Parable of the Persistent Widow

18 Then Jesus told his disciples a parable to show them that they should always pray and not give up. 2 He said: "In a certain town there was a judge who neither feared God nor cared what people thought. 3 And there was a widow in that town who kept coming to him with the plea, 'Grant me justice against my adversary.' 4 "For some time he refused. But finally he said to himself, 'Even though I don't fear God or care what people think, 5 yet because this widow keeps bothering me, I will see that she gets justice, so that she won't eventually come and attack me!'"

2 Cor 11:25

"Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked. Once I spent a whole night and a day adrift at sea."

Luke 22:42-44

"Jesus prayed, 'Father, if you are willing, take this cup from me; yet not my will, but yours be done.' An angel from heaven appeared to him and strengthened him. And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground"

**“I LIKE THINGS THAT MAKE YOU GRIT YOUR
TEETH. I LIKE TUCKING MY CHIN IN AND SORT
OF LEADING INTO THE STORM. I LIKE THAT
FEELING. I LIKE IT A LOT.”**

DANIEL DAY-LEWIS

#3) Passion & Perseverance are KEY Biblical Traits & are the MAIN INGREDIENTS of Grit; and these can be DEVELOPED.

James 1:2-4 NIV

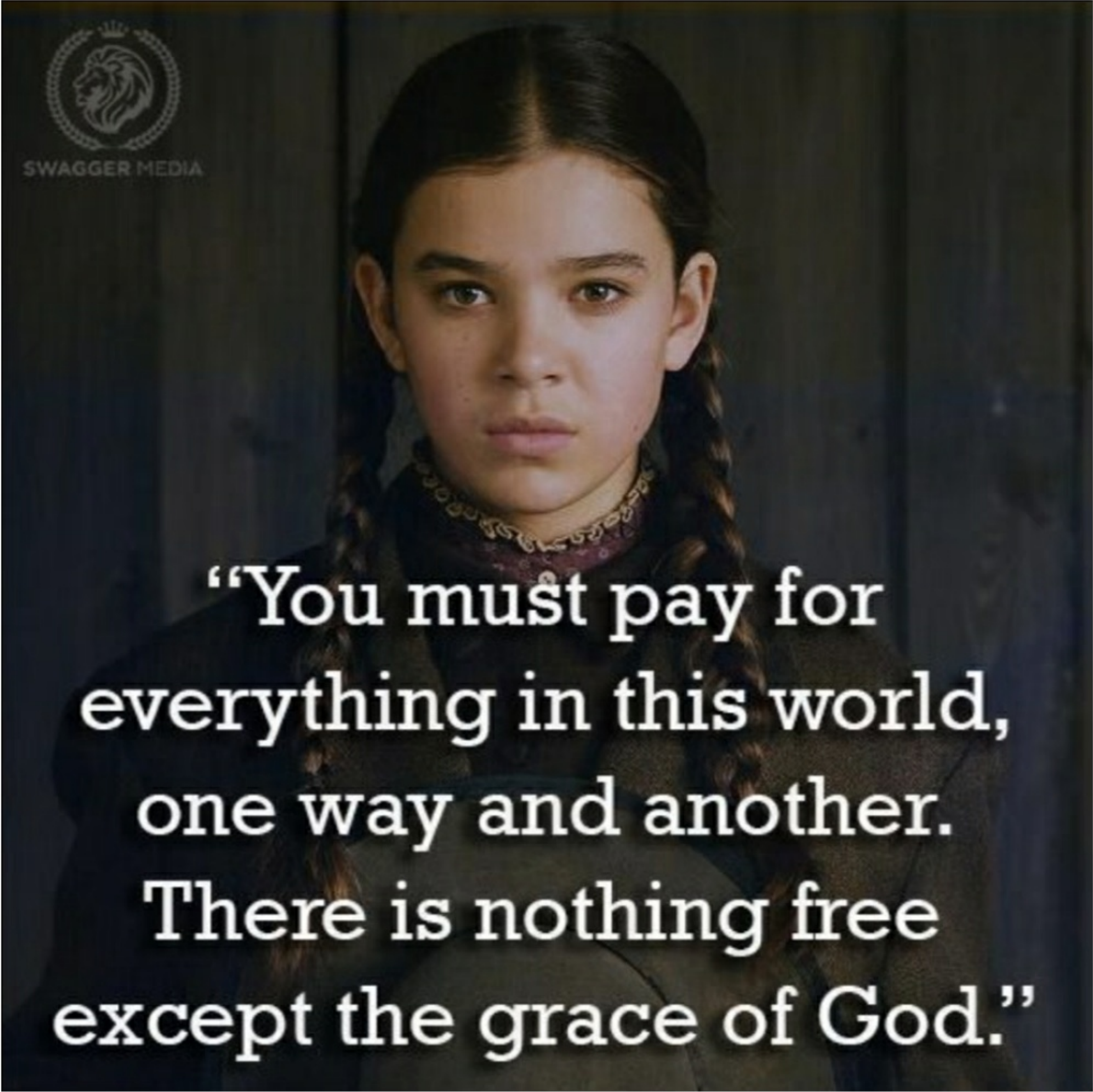
"2 Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance. 4 Let perseverance finish its work so that you may be mature and complete, not lacking anything."

Romans 5:3-5

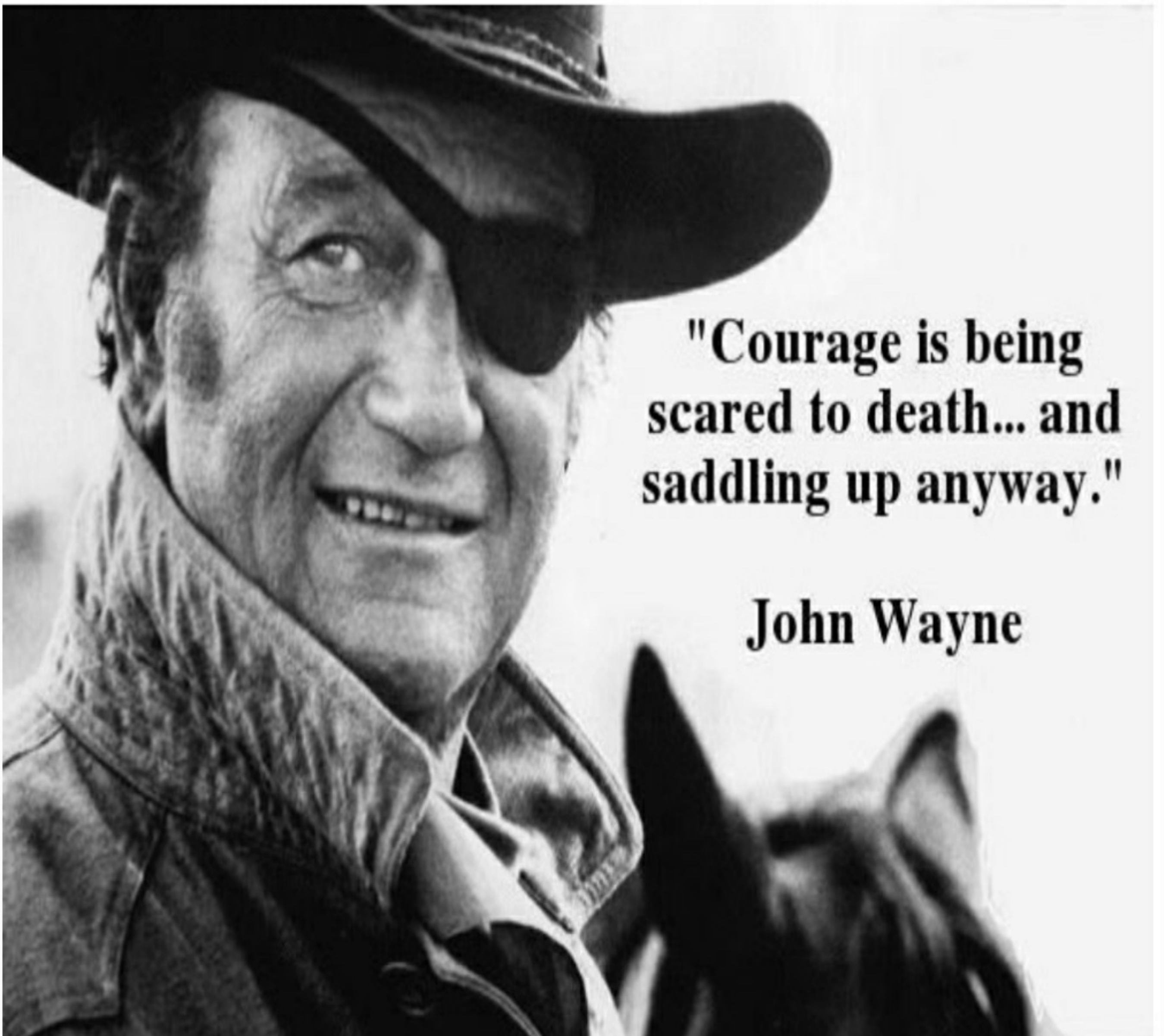
"3 And not only *that*, but we also glory in tribulations, knowing that tribulation produces [a]perseverance; 4 and perseverance, character; and character, hope. 5 Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us."



SWAGGER MEDIA



**“You must pay for
everything in this world,
one way and another.
There is nothing free
except the grace of God.”**



**"Courage is being
scared to death... and
saddling up anyway."**

John Wayne

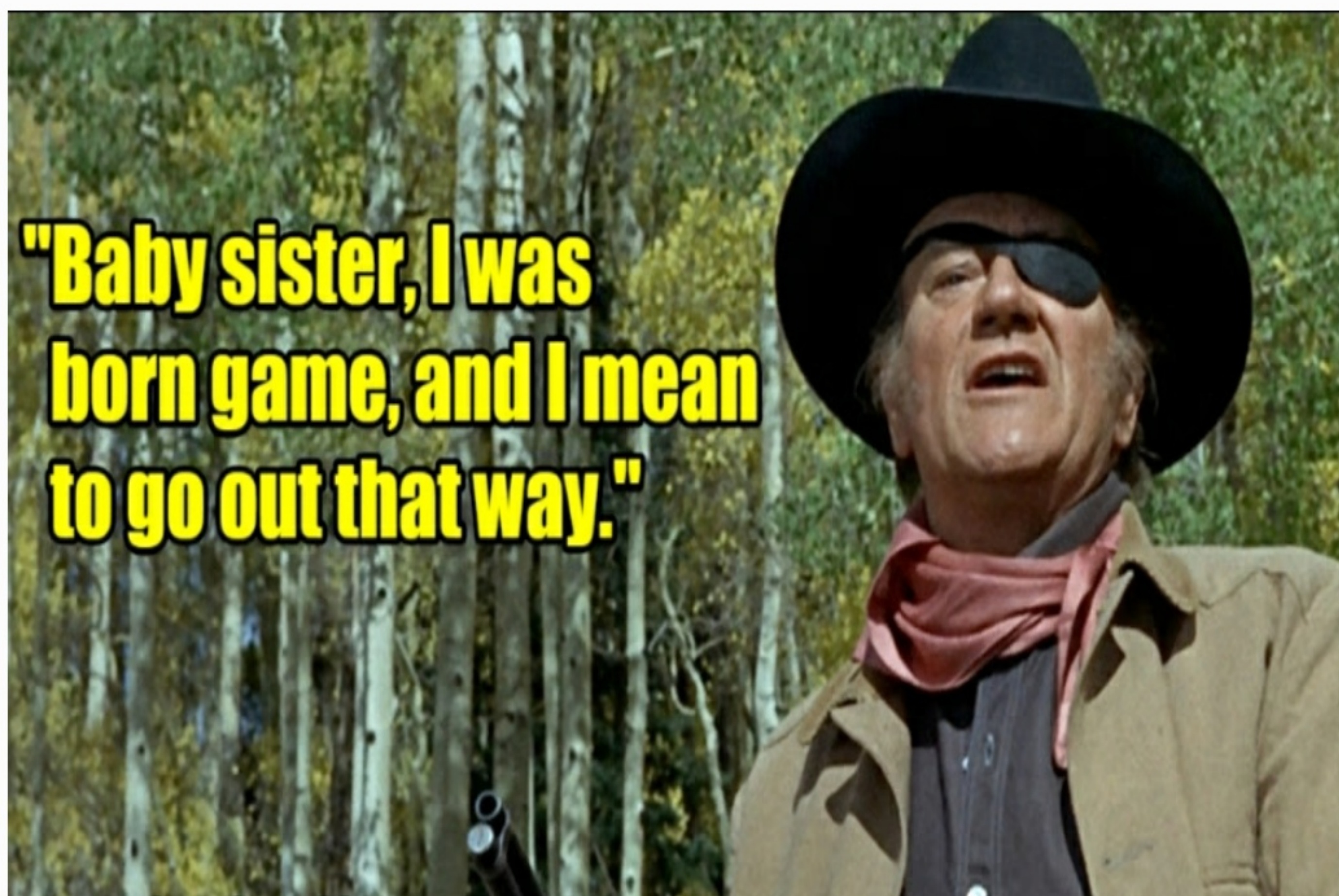
#4) Grit & Resilience are a GREATER DETERMINER of SUCCESS than talent, aptitude & skills - By NOT giving up we ensure a GOOD HARVEST.

Galatians 6:9 NIV

"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up"

Hebrews 12:1-2 NIV

12 Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.



#5) People of Faith have a greater Hope, Grit & Resilience because when WE FALL in the horrible pits of life, we have One who will LIFT us Out & Establish are Steps on a Rock!

Psalm 40:1-2

40 I waited patiently for the Lord;
And He inclined to me, And heard my cry.
2 He also brought me up out of a
horrible pit, Out of the miry clay,
And set my feet upon a rock,
And established my steps.



YOUR
DREAMS
ARE ON THE
OTHER SIDE OF
YOUR
GRIT